

TEAR GAS: Tear gas is an aerosolized solid or liquid – not an actual gas - that contains chemicals that are intended to cause a painful reaction that makes people 'unable to function.'

- Tear gas is "non-lethal" but it can cause a lot of pain and injure you. The effects can last up to 30 minutes after exposure and include: pain in the eyes, nose, mouth and skin, profuse watering of eyes and nose, chest tightness and coughing, blurred vision, panic, disorientation, and blindness.
- Prevent it from touching your skin - wear as much protective gear as possible.
- If you have a face shield, wear that to cover your eyes, nose and mouth. If not, wear a face mask and goggles.
- The substance will stay on your hairline – after effects wear off, wrap a clean cloth around your head/forehead to catch the sweat.
- Tear gas canisters are burning hot. Don't touch with bare hands!
- Properly sanitize your clothes. More info at bit.ly/safefactionprotocol

8. POLICE 'TACTICS':

- Undercover cops are infiltrating protests, antagonizing crowds, and encouraging destruction and violence. Look for identifiable articles of clothing such as tactical shoes, Kevlar vest outlines, radio cords/earpiece, colored sweatbands being used as markers to other cops - undercover cops still look like cops.
- NYPD officers have said they want to beat the shit out of protesters and "fuck them up." They have eliminated means of transportation, and have been filmed confiscating bikes and waiting at bridges.
- NYPD has yellow cab undercover units – reports claim they have license plates or cab boxes starting with 2W or 6Y.
- NYPD has authorized use of LRAD sound cannons. Try to have construction-grade ear protection or ear plugs ready. If you see one being armed, run perpendicular to the sound as the sound waves point outward in a 'V' shape. If you turn around and run away you will still be in direct contact with sound waves.
- Police place piles of bricks as a trap to entice protesters to throw them. Alert those around that this is a trap, and document with photo and video evidence.

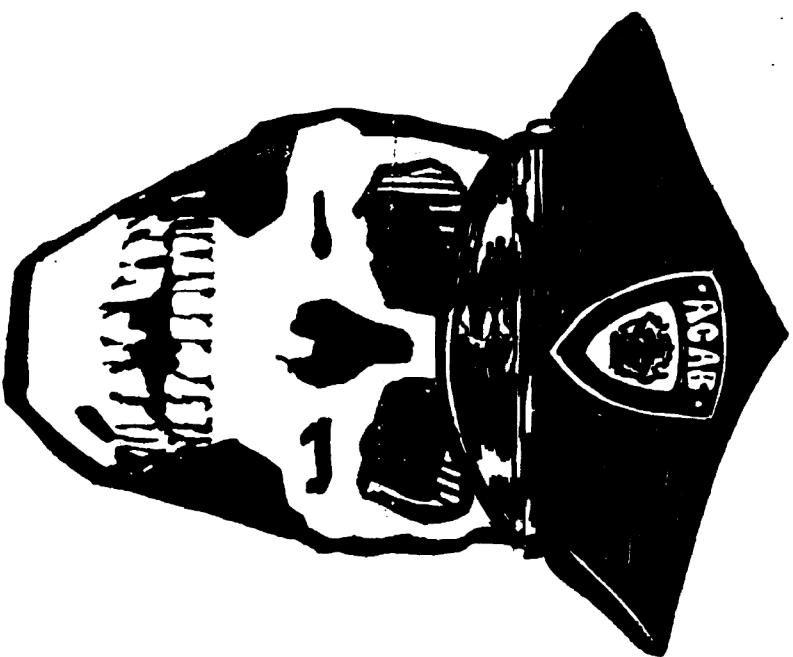
9. CURFEW

- If a police officer has reason to believe you are violating the curfew, the officer can issue you an order to disperse (go home). The officer should give you a reasonable opportunity to comply. Failure to comply with an order to disperse is a Class B misdemeanor.
- Prepare a plan to get home without public transportation.
- Follow @mutualaidnyc for transportation resources.
- Police may approach you on crimes that normally would not apply (jaywalking, loitering, littering, etc.).
- **IF YOU ARE ARRESTED FOR VIOLATING CURFEW:** ask for a lawyer immediately (833-346-6322), know you have the right to remain silent.
- When you can, write down everything you remember.

for donations, information, and other resources, visit linktr.ee/acab

NYC 2020

WELCOME TO FEAR CITY



A Survival Guide for Protestors in the City of New York

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The incidence of crime, murder, and violence in police departments across the nation, including the NYPD, is shockingly high and getting worse every day. More information here: <https://policing.civilrights.org/toolkit> and <https://policing.civilrights.org/report/>.

Amidst a global pandemic, New Yorkers & Americans are taking to the street to fight for systemic change and racial equality. The following has been prepared as a collection of information and resources from public domains, social media posts, and first hand accounts in the hopes of having multiple resources in a physical capacity that may be useful - should you find yourself needing or wanting to share it. While we protest against violence, the police welcome us with it. Be safe, and present, for your fellow comrades.



1. **PHONE #s:** It is strongly suggested to write these somewhere on your body in permanent marker.
 - **FREE ARREST SUPPORT HOTLINE** 1-833-3-GOOD-CALL (346-6322)
 - NYC National Lawyers Guild 212-679-6018
 - Legal Aid Society Hotline 212-577-3300 (you can also text for legal advice)
 - Follow @justiceforgoerogency for centralized real-time information.
2. **IF ARRESTED**
 - Call **NYC NLG** with **NAME, TIME, and PLACE OF ARREST** 212-679-6018
 - You have a right to remain silent – Stay silent.
 - You have the right to ask for a lawyer.
 - You have the right to refuse a DNA Swab – reports have been made of cops stealing DNA via drinks, cigarettes, or gum (NYC Legal Aid Society)
 - Don't sign anything you don't understand or without asking a lawyer.
 - All calls are monitored.
 - You have the right to ask for an officer's badge number and name.
 - If bail is set and you cannot afford it – ask your lawyer about a bail fund.
 - Write down everything you can remember about your arresting officer – badge #, description, name, patrol car number. Exchange contact information with witnesses.
 - If you believe your rights have been violated, you can file a written complaint with the NYPD's internal affairs division or the Civilian Complaint Review Board.
 - Do not discuss your arrest in jail with fellow protesters/cellies, you risk self-incrimination
 - You have no obligation to consent to NYPD & FBI questioning your politics. It is dangerous to do so.
 - **IF A FRIEND IS ARRESTED:** There is an organization of volunteers willing to team up to locate them, and report back where they are being held: www.creaturefriend.org
 - If you are harmed by police, you have 90 days to file a 'notice of claim' which is needed to sue later.

3. ATTIRE/PROTECTION

- Do not wear contacts. While they will not melt to your eyes, as circulated by internet posts – they will certainly absorb any oil or moisture, and make it nearly impossible to flush your eye with the contact in.
- Wear plain solid colored clothes & cover any identifiable features (e.g. tattoos).
- Heat resistant gloves.
- Hair tied up if need be.
- Shoes - be prepared to run.
- Face, Eye, and Ear Protection (face mask, swimming goggles, ear plugs)
- Check army surplus or hardware stores for gear (e.g. helmet, goggles, or mask).
- If you are protesting, be sure to follow medical guidelines to **QUARANTINE** after the protest. **GET TESTED** at one of the city's free testing locations. Wait 4-5 days to get tested (CDC reports 4-5 days as median incubation period) from last possible exposure.

4. WHAT TO BRING

- Water for drinking & tear gas - First Aid Supplies - Cash, ID (Use cash instead of any debt/credit card which can help trace your movement) - Portable charger - Washcloth - Snacks - Earplugs - Face Masks - Gloves - Face Shield - Goggles

5. STINGRAY TRACKERS

- Stingray trackers or IMSI catchers are mobile data towers that police are using to intercept data from your phone. If the Stingray catches the IMSI on your phone while you walk by somewhere you shouldn't be, you can be identified by your phone later at home.
 - Remove the SIM card from your phone, use a burner phone, or leave your phone at home. If you need to bring a phone, see no. 6.

6. PHONE/COMMUNICATION

- Turn off GPS, NFC, Bluetooth, and any location services. Enable airplane mode.
- Disable face and fingerprint unlock.
- Your iPhone keeps a history of every where you have been and how many times you have been there – turn this off by settings>privacy>location services>system services>significant locations.
- Use *Signal*, an end-to-end encrypted messaging app, and enable the "Disappearing Messages" feature.

7. PEPPER SPRAY & TEAR GAS

- **DO NOT USE MILK TO TREAT. WATER IS BEST.** You can also flush your eyes with a saline solution (without alcohol), to mimic your natural tear production.
 - If you are helping someone else, **gain consent**, try to help them control their breathing, and talk them through step by step. **WEAR PPE.**

PEPPER SPRAY: Do not pour the decontamination solution or water over the person's forehead; this can wash more chemical irritants into the eyes. Have the person blink as the solution flows over eyes. Do not force the person's eyes open; that could cause further damage.

- If the person has contact lenses, have them removed with clean fingers (or gloves) and throw them away.
- Use a towel or other material to keep the wash from running down inside the person's clothing, over the shoulders and chest. After washing the person's eyes for 3-5 seconds, have the person close their eyes. Pour the decontamination fluid over the person's entire head. Go back to flushing eyes for 15 minutes or until pain has resolved.